

shifts 10-10 sleep

	10am/12pm Sleep – 10.15am	10am/12pm Sleep – 10.15am			
1)	Senior RCW 3	RCW 3			
2)	Senior RCW 1	RCW 1			
3)	Senior RCW 2	RCW 1			
4)	Senior RCW 2	RCW 2			
5)	Senior RCW 2	RCW 2			
6)	Senior RCW 3	RCW 3			
7)	Senior RCW 3	RCW 3			
8)	Senior RCW 1	RCW 1			
9)	Senior RCW 2	RCW 1			
10)	Senior RCW 2	RCW 2			
11)	Senior RCW 2	RCW 2			
12)	Senior RCW 3	RCW 3			
13)	Senior RCW 3	RCW 3			
14)	Senior RCW 1	RCW 1			
15)	Senior RCW 2	RCW 1			
16)	Senior RCW 2	RCW 2			
17)	Senior RCW 2	RCW 2			
18)	Senior RCW 3	RCW 3			
19)	Senior RCW 3	RCW 3			
20)	Senior RCW 1	RCW 1			
21)	Senior RCW 2	RCW 1			
22)	Senior RCW 2	RCW 2			
23)	Senior RCW 2	RCW 2			
24)	Senior RCW 3	RCW 3			
25)	Senior RCW 3	RCW 3			
26)	Senior RCW 1	RCW 1			
27)	Senior RCW 2	RCW 1			
28)	Senior RCW 2	RCW 2			
29)	Senior RCW 2	RCW 2			
30)	Senior RCW 3	RCW 3			